

A Prayer for Summer

God of light and life,
We thank You for the gift of summer,
for longer days, growing gardens
and moments of rest in the midst of busy lives.

As the world around us flourishes,
help us also to grow in faith, hope and love.
Teach us to notice beauty more carefully,
to slow our hurried pace
and to make space for joy, gratitude and wonder.

Bless those travelling this summer,
those spending time with family and friends,
and those whose days will continue quietly and routinely.
Be close also to those for whom this season feels difficult:
the lonely, the grieving, the anxious and the unwell.

Refresh weary hearts.
Renew our strength where we are burdened.
Help us to find rest not only for our bodies,
but for our minds and spirits also.

Lord Jesus,
as You drew aside to quiet places to pray,
teach us again the wisdom of stillness
and the grace of being present to one another.

May this season remind us of Your goodness,
Your generosity
and the steady faithfulness of Your love,
through every changing season of life.

Amen